

NBRC Lap Pool

January, 2013

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:30am							
6:00am	Elks 6:00-7:15 *6 Lap Lanes	Lap Swim 6:00-8:00	Lap Swim 6:00-9:00	Lap Swim 6:00-8:00	Lap Swim 6:00-9:00	Boulder Swimming 7:00-9:00 *3 Lap Lanes	
6:30am							
7:00am							
7:30am	Lap Swim 7:15-9:00	Drop-in H2O Fit 8:00-9:00 *5 Lap Lanes		Drop-in H2O Fit 8:00-9:00 *5 Lap Lanes			Masters 8:00-9:30 *2 Lap Lanes
8:00am							
8:30am							
9:00am	Drop-in H2O Fit 9:00-10:00 *4 Lap Lanes		Drop-in H2O Fit 9:00-10:00 *4 Lap Lanes		Drop-in H2O Fit 9:00-10:00 *4 Lap Lanes	Boulder HS & Elks 9:00-10:30 *3 Lap Lanes	Masters 9:30-10:30 *4 Lap Lanes
9:30am							
10:00am							
10:30am	Lap Swim 10:00-10:30	Lap Swim 9:00-12:00	Lap Swim 10:00-10:30	Lap Swim 9:00-12:00	Lap Swim 10:00-10:30	Masters 10:30-11:30 *4 Lap Lanes	
11:00am							
11:30am							
12:00pm	Masters 10:30-11:30 *4 Lap Lanes		Masters 10:30-11:30 *3 Lap Lanes		Masters 10:30-11:30 *4 Lap Lanes	BHS & Elks 10:30-11:30 *6 Lap Lanes	
12:30pm							
1:00pm							
1:30pm	Lap Swim 11:30-3:30	Masters 12:00-1:00 *3 Lap Lanes		Masters 12:00-1:00 *3 Lap Lanes	Lap Swim 11:30-3:30	Lap Swim 10:30-1:00	Lap Swim 10:30-1:00
2:00pm							
2:30pm							
3:00pm	Lap Swim 1:00-4:00	Lap Swim 1:00-4:00	Lap Swim 1:00-4:00	Lap Swim 1:00-4:00	Lap Swim 1:00-4:00	Open Swim 1:00-4:00 *4 Lap Lanes	Open Swim 1:00-3:00 *4 Lap Lanes
3:30pm							
4:00pm							
4:30pm	BHS & Elks 3:30-4:00 *5 Lanes	BHS Swim Team 4:00-5:30 *2 Lanes	BHS & Elks 3:30-4:00 *5 Lanes	BHS Swim Team 4:00-5:30 *2 Lanes	BHS Swim Team 3:30-4:00 *6 Lanes	Boulder HS & Elks 4:00-5:30 *2 Lap Lanes	
5:00pm							
5:30pm							
6:00pm	BHS & Elks 5:30-6:00 *5 Lanes	Open Swim *4 Lanes	BHS, Elks, LTS 5:30-6:00 *4 Lanes	Open Swim *4 Lanes	BHS & Elks 5:30-6:00 *3 Lanes	Lap Swim 4:00-6:30	AquaTeens 4:30-7:30 *4 Lap Lanes
6:30pm							
7:00pm							
7:30pm	Masters & Lessons 6:00-7:00 *2 Lap Lanes	Aqua Zumba & Open Swim 5:45-6:45 *4 Lap Lanes	Swim Lessons 6:05-6:40 *6 Lanes	Aqua Zumba & Open Swim 5:45-6:45 *4 Lap Lanes	Lap Swim 6:00-7:00		
8:00pm							
8:30pm							
9:00pm	Pre/Post Natel H2O Fit 7:00-8:00 *5 Lap Lanes	Open Swim *4 Lanes		Open Swim *4 Lanes			
7:00pm							
7:30pm							
8:00pm	Lap Swim 7:00-9:00	Lap Swim 7:00-9:00	Lap Swim 6:40-9:00	Lap Swim 7:00-9:00			
8:30pm							
9:00pm							
9:00pm	The NBRC Lap pool will be CLOSED on Tuesday, January 1. ***The NBRC Lap pool will be CLOSED on Thursday, January 17, 3:00p-7:00p for a BHS swim meet.***						

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*Indicated Number of Lap Lanes Open to the Public

ALL POOL SCHEDULES ARE SUBJECT TO CHANGE WITHOUT NOTICE

North Boulder Recreation Center- 3170 N. Broadway; (303) 413-7260
www.BoulderAquatics.org

